

CARA LOFTEN

SAG AFTRA

Established Artists Management

Tabatha Minchew

c. 706.969.1830

e. tminchew@establishedartists.com

FILM

Facelift	Essie [lead]	Virat Pal
By the Light of the Moon	Preya [supporting]	Amazon / Jess Thompson
Confessions of a Teenage	Lorie Mosen [supporting]	Eric Stoltz
Disciple Deep in the Darkness	Lauren Hunter [supporting]	Netflix / NBC Universal
Audition	Woman [lead]	Schenk Productions / Matt Herron 3-M
Corpse	Hillary Castaigne [lead]	Productions / Chris Ernst
Seek [co-wrote, produced]	Lana [lead]	SQDiNK Productions / Chris Sojka
Across the Pond [Tropfest Finalist]	Grace [lead]	Steadfast Prod. / Jess Thompson

TELEVISION / NEW MEDIA

Madam Secretary	Waitress [co-star]	CBS
Bodega [web-series] Poisoned	Militant Feminist [co-star]	New Wave / Univision
Passions	Vickie [lead]	Discovery ID
Yes We Candidate	Sadie [lead]	Minimum Heroic Media

THEATRE

Baby with the Bathwater	Nanny, Principal, Laura [lead]	The Bold Theatre
Moral Fixation	Claire [lead]	Hollywood Fringe / Encore Winner
YOU	Death, Hope, Kate [lead]	Hall and Mirrors / Immersive LA
Jack London	Bess Madden [supporting]	Kimberly Loren Eaton / FringeNYC
#ReganCross	Regan [lead]	Catherin Cusik / Becket Theatre Jordan
Butoh Electra	Hope [supporting]	Rosim / FringeNYC

EDUCATION

Larry Moss Acting Coach
Groundlings Improv L1
The Magnet Theatre: Improv L3
Wynn Handman Acting Coach
Karl Bury Acting Coach
The Lucid Body House: Intro to the Lucid Body Technique American
Academy of Dramatic Arts [2yr conservatory program]
Acting Technique: Jackie Bartone, Dino Scopas
Dialects and Vocal Technique: Jim Demonico
Shakespeare and Acting Styles: Todd Peters
SITI Company [sazuki and viewpoints training: SITI Company Members]
Theatro Ponto [commedia del'arte, mask: Carlos Garcia Estevez]

SKILLS & LANGUAGES

- Improv
- Conversational French
- Buti Yoga
- Group Fitness Training
- Breath Work Facilitator

Dialects: Various British, Irish, French, German, Norwegian, Various American, Russian:
other dialects available upon request

Passport Driver's License